

Yahir Marta



Yahir Marta was born in Panama and came to the San Francisco Bay Area as a young boy. He is an accomplished athlete playing several sports in high school and running both Track and Field and Cross Country in College. Yahir lead his college Cross Country team to 2 consecutive NOR CAL Championships.

Currently he instructs Physical Education classes for middle and high school students. He is also a Strength and Conditioning Coach for a U9 Girls Club Soccer Team (San Andreas Youth Soccer Organization) and holds his F License through the California Youth Soccer Association.

As a new camp leader Yahir brings his expertise in strength training, team sports and leadership to the SF Hills and drills boot camp family. In his spare time he helps his lovely wife (who by the way is just as athletic), raise their "very athletic" son, Yahir Junior.